### Additional resources

### **Palliative Care**

Alleviating suffering is a primary Jewish value. It can also prolong life.

Our Palliative Care team treats symptoms such as pain and provides the best possible quality of life during a serious illness. It is an added layer of support for patients and their families at any age, at any stage of illness, and can be provided at the same time as other medical treatments. You can request a palliative consult through your doctor.

### Food deliveries

Satmar Bikur Cholim (718) 387-7749

Chai Lifeline food deliveries & transportation volunteer services for children (212) 465-1300

### Transportation

Chesed car service Williamsburg (718) 218-9000 Chesed 24/7 car service Monsey (845) 304 1072 Williamsburg bus schedule (718) 387-0546 Boro Park bus schedule (718) 854-5900

### UJA-Federation J11 Information & Referral

Call 1-877-852-6951 or Connect-to-Care@UjaFedny.org

Chevra Kadisha (Sacred Burial) Association Call (718) 847-6280 or visit PeacefulReturn.com

Halachic Organ Donor Society (HODS)

Call 1-877-700-4637 or visit Hods.org

Association of Professional Chaplains

Visit ProfessionalChaplains.org

### **Daily Services:**

Mon - Thu, *Mincha* at 1:45pm in the Peck Jewish Chapel.

The closest minyan for Shacharis (7am) and Maariv is at Congregation Orach Chaim between 94<sup>th</sup> & 95<sup>th</sup> on Lex. Ave. (212) 722-6566 or www.orachchaim.org

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We deeply appreciate the opportunity to enhance the resources we provide to patients & visitors.

**Donations** of any amount are *taxdeductible* and can be mailed to the address below with 'Jewish resources' in the memo, or online at:

www.mountsinai.org/spiritualcare

Thank you!



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Center for Spirituality and Health at

## Resources for Jewish patients & visitors



Icahn

Icahn School of Medicine at **Mount Sinai** 

Center for Spirituality and Health

# Shalom!

The Mount Sinai Hospital (est. 1852) has a long tradition of serving the Jewish community with "benevolence and science." We hope that your visit will bring healing of body and spirit.

The Center for Spirituality and Health is dedicated to meeting the spiritual and religious needs of all our patients and their families.

Our board certified chaplains & trainees specialize in compassionate and nonjudgmental listening to help you find meaning, hope, and comfort. They are available Monday-Friday, 9am-5pm by calling 212-241-7262.

**The Peck Jewish Chapel** is open 24/7 and located in the Guggenheim Pavilion, 2nd floor (GP2), West.

### Shabbos & Yom Tov (Holiday) services:

5 minutes after candle-lighting time; *Shacharis* at 8:30 a.m.

Service times are posted outside the chapel.

**The Chessed Room** located next to the Peck Jewish Chapel is stocked with Jewish resources.

For Chesed 24/7 liason, Sima Bachrach, call 347 984 3612

### Shabbos at Mount Sinai

**Shabbos elevators** stop at every floor, and are available in all buildings on Shabbos and holidays. In buildings with babies and children, *staircases are locked and alarmed* at all times. The only access is via Shabbos elevators.

All hospital buildings are in an **Eruv**. All buildings can be accessed from the MC level. There also is a Manhattan *Eruv* supervised by the Machon L'hoyroa in Monsey.

For details/map see:

http://www.jewishcenter.org/manhattaneruv.html

Candles: Safety is our highest priority. <u>No fire</u> is permitted in the Medical Center at any time, for any reason. Any electric light may serve in place of Shabbos candles.



Mount Sinai Jewish Chaplains

### Shabbos

candles are installed into the wall next to each patient bed in several of our pavilions.



### Accommodations:

Families needing to be in walking distance on Shabbos or yom-tov may contact *Ezras Cholim* (Mrs. Fekete) 718 427 6480.

Kosher Food: Mount Sinai's kosher kitchen is supervised by the OU (mashgiach temidi). All dairy is Cholov Yisrael and all meat used in the kitchen is supplied by Meal Mart & is Glatt Kosher with chassidishe shechita.

You may request Kosher pre packaged food that comes primarily from Meal Mart by contacting food services. If you are on a unit where menus are distributed, write "packaged food" on the menu.

**Closest men's mikvah: Ohel Moshe** 303 W 91st Street Bet. Riverside Dr. & West End Ave. 212-362-1091 (within Manhattan Eruv)